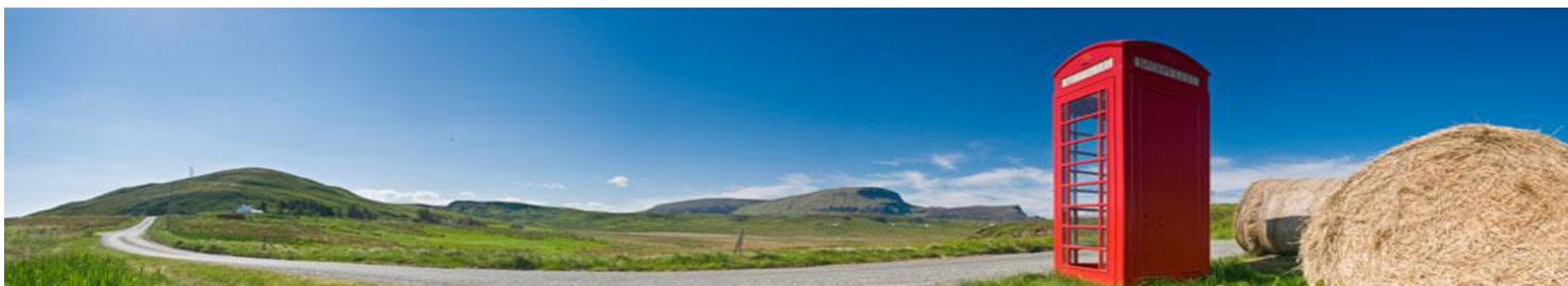


Outer Hebrides Alcohol and Drug Partnership

Training Programme 2020 – 2021

Version 3



OUTER HEBRIDES ALCOHOL & DRUG PARTNERSHIP

TRAINING PROGRAMME 2020 - 2021

CALENDAR OF EVENTS

The Outer Hebrides Alcohol & Drug Partnership are committed to providing a comprehensive annual workforce development programme to ensure all services have the opportunity to develop skills, knowledge and attitudes toward their working practices in the field of alcohol and drugs. Learning should be an ongoing continuous process that can be delivered in many styles and is designed to improve quality of services.

Course Name	Date	Venue/link	Time	Training Provider
<i>Everyone has a Story – Children Affected by Parental Substance Use</i> This course will support practitioners in adult and children's services to respond to children affected by parental substance use.	Free course Various dates	online course - book directly at https://www.sdftraining.org.uk/training	2 ½ days Blended learning - Virtual & module	Scottish Drug Forum
<i>Getting our Priorities Right</i> Training for front line staff in the public, private and voluntary sectors across the Western Isles, who have a remit within their service or organisation for supporting vulnerable children, directly or indirectly, including through their supervision of staff. It includes those working in Education and Children's Services, Housing, Police, Voluntary Organisations.	Free course	Online		NHSWI & ADP
<i>Preventing unintentional injuries in early years Introduction</i> Unintentional injury is one of the main causes of death and is the most common cause of emergency hospital admissions in children aged under 15 in Scotland. The aim of this module is to explore what unintentional injuries are, their causes and effects and how to prevent these injuries. This module is for all adults including family, those who have a professional, and voluntary relationships with early years,	Free online course	https://elearning.healthscotland.com/course/view.php?id=531#section-6	Approx 40 mins	NHS Health Scotland

children and families across Scotland.				
<p>Cala e-Learning Zone</p> <p>Various courses are aimed at all those who work or live with children and families, particularly in the Highlands and wider Scotland. Courses include - Intro to Child Protection; Children Affected by Parental Substance Misuse.</p> <p>** Supporting Young Children's Behaviour; information & ideas for parents/carers ** - please note - Care and Learning Alliance (CALA) are providing FREE access to this module during the COVID – 19 pandemic to support families. With the significant changes to daily routines parents may be seeing different behaviours from their children and this offers helpful information and strategies.</p>	Various free online courses	https://calaelearning.co.uk/our-courses/	Various	Cala Learning Zone
<p>Staying Alive: Preventing Drug Related Deaths</p> <p>This course will discuss how services and practitioners can better prevent drug related deaths. This course will have a particular focus on identifying the needs and risks of older people aged 35 years and over who use substances.</p>	Free course Various dates	online course - book directly at https://www.sdftraining.org.uk/training	Blended learning - Virtual & module ½ day course	Scottish Drug Forum
<p>Overdose Prevention, Intervention & Naloxone Awareness Session [half day]</p> <p>This session covers key aspects of drug related deaths in Scotland, opioid related OD prevention, intervention and Naloxone basics along with a brief introduction to Naloxone and how to utilize the medication in case of an opioid related overdose.</p>	Free course Various dates	Online - book directly at https://www.sdftraining.org.uk/training	½ day blended learning – pre course requisite	Scottish Drug Forum
<p>Overdose Prevention, Intervention & Naloxone Training for Trainers Course [1 day]</p> <p>This course covers drug related deaths on a global, national and local scale, opioid related overdose prevention and explores methods of community based delivery and adult learning. There will be an in-depth look at Naloxone, its actions, kit assembly and administration with specific attention to overdose intervention and basic life support with Naloxone.</p>	28 January 2021 Other sessions available online	Online - book directly at https://www.sdftraining.org.uk/training	½ day blended learning – prerequisite short course – see information when booking.	Scottish Drug Forum

Alcohol Brief Interventions From attending this training session you will be able to confidently raise the issue of alcohol with your patients/clients and deliver Alcohol Brief Interventions (ABIs)	Free Course Revised dates to be confirmed	Details to follow		ADP Support Team
Very Brief Advice on Smoking The module empowers everyone to have a very brief conversation about stopping smoking. The training is aimed at Health professionals and all those who work in a variety of other sectors for example, education, CnES, police, advice centres, work places; and any setting where workers/volunteers may have contact with people who will benefit from advice about smoking.	Free online course	http://bit.ly/VeryBriefAdviceSmoking Via Google Chrome or MS Edge	30 minutes	NHS Health Scotland
Volatile Substance Abuse Training From attending this session you will understand what Volatile Substance Misuse (VSA) is and the broad dangers associated with VSA. You will know VSA mortality rates and trends, prevalence rates as far as possible and what products are used in VSA	Free online course	Email irene.scullion@re-solv.org direct		Re-solv
Online Benzodiazepines Participants will be able to recall the current trends and emerging trends with benzodiazepines including street valium and unlicensed benzodiazepines; Identify the physical and psychological/ cognitive effects; Identify effective strategies and techniques for working with people who use benzodiazepines including harm reduction and anxiety management; Describe the role of benzodiazepines in poly-drug use, overdose and DRDs.	Free online course	https://www.sdftraining.org.uk/training/ig-events/-just-say-know-benzodiazepines		Scottish Drug Forum
New Drugs, New Trends? A Workers Toolkit for NPS/Legal Highs This module meets the needs of workers who come into contact with people who may use New Psychoactive Substances (NPS) sometimes known as legal highs.	Free Online course	www.sdftraining.org.uk/online-learning	1 hour	Scottish Drugs Forum

Drug Awareness Introductory Course This 1 hour course aims to increase workers' knowledge and awareness of key issues relating to drug use in Scotland.	Free online course	www.sdftraining.org.uk/online-learning	1 hour	Scottish Drugs Forum
Online Cannabis Awareness By the end of the session you will be able to give an overview of the current trends with cannabis including synthetic cannabinoids; Recall the main effects and side effects of cannabis; Identify the typical presenting issues for problematic cannabis use; Identify treatment options for dependent cannabis users; Recall effective techniques for working with cannabis users including harm reduction. Please note it is a prerequisite to complete the following e-learning module prior to the training - Potluck - An introduction to cannabis and synthetic varieties for front line workers	Free online course	https://www.sdftraining.org.uk/training/	9.30am – 12.30pm	Scottish Drugs Forum
Introduction to Trauma-Informed Practice With People Who Use Substances This training will introduce the causes and types of trauma and describe trauma-informed practice; Recall the different types and causes of trauma which may be experienced by clients; Identify behaviours, experiences and coping strategies associated with trauma ; Describe the relationship between drug/alcohol use and trauma; Identify how to respond to disclosure of trauma; Identify techniques to recognise and manage issues experience by supporting staff, eg. burnout including self-care.	Free online course	https://www.sdftraining.org.uk/training/	½ day session	Scottish Drug Forum
Bacterial Infections and Drug Use This module provides a brief overview of bacterial infection and various outbreaks. Explores harm reduction information relevant to bacterial infection with an overview of the main signs and symptoms which practitioners should be aware of and will encourage participants to develop a response relevant to their services.	Free online course	www.sdftraining.org.uk/online-learning	1 hour	Scottish Drugs Forum

<p>Hepatitis C and New Treatments</p> <p>By the end of this course, you will be able to define and identify risk factors for hep C; Understand the implications of not being diagnosed; Distinguish methods of testing for hep C; Recall previous treatments and describe the benefits of new treatments. The course will benefit people who come into contact with people who use drugs, GPs, nurses, teachers, police, housing workers, social workers and mental health workers and the general public.</p>	Free online session	e-learning module https://www.sdftraining.org.uk/online-learning/394-hepatitis-c-and-new-treatments	2 hours	Scottish Drug Forum
<p>HIV and Harm Reduction</p> <p>This training aims to increase workers' understanding and knowledge of key issues related HIV, with a particular emphasis on risks associated with drug use and sexual health. Participants will be able to recall transmission routes and prevention strategies for HIV; describe the different testing methods and treatment options available; have an awareness of the ongoing HIV outbreak affecting people who use drugs in Scotland.</p> <p>Pre-Course activities will be sent out 1-2 weeks before the course (this will involve a couple of activities taking no more than 15 minutes to complete).</p>	Free online session	e-learning module https://www.sdftraining.org.uk/online-learning/394-hepatitis-c-and-new-treatments	10.00am – 1.00pm	Scottish Drug Forum
<p>Contraception Information For People Who Use Drugs</p> <p>This e-learning course discusses contraception information for people who use drugs. Participants will be able to describe different methods of contraception and identify the methods of contraception which are long-acting and reversible</p>	Free online session	e-learning module https://www.sdftraining.org.uk/online-learning/887-contraception-information-for-people-who-use-drugs	1 hour	Scottish Drug Forum
<p>CHEMSEX in Scotland</p> <p>This course is aimed at all front line workers – especially those who work in sexual health, drug services LGBTQ+ and mental health. Participants will be able to describe the context of chemsex in Scotland; Reflect on how individual</p>	Free online course	https://www.sdftraining.org.uk/training/ig-events/964-chemsex-in-scotland		Scottish Drug Forum

attitudes and beliefs can impact on clients and the services they receive; Explore ways of engaging clients in discussing chemsex and identify key strategies to reduce harm in those who participate in chemsex.				
Introduction to Motivational Interviewing This course is designed to offer a 'taste' of motivational interviewing. It is not designed to be a complete training course in Motivational Interviewing, but a first step for those who are interested in learning more about the style of communication.	Free course Various dates	online course - book directly at https://www.sdftraining.org.uk/training	2 ½ days Blended learning - Virtual & module	Scottish Drug Forum
Health behaviour change: Level 1 This module is for anyone who wants to learn more about health behaviour change and who has (or thinks they could have) a role in improving health. Health behaviour change: Level 2 This module builds on learning covered in module HBC Level 1 and is part of a blended learning course in health behaviour change. It provides the background theory to techniques used in supporting change.	Free Online courses	http://www.healthscotland.scot/learning-resources/health-behaviour-change-level-1 http://www.healthscotland.scot/learning-resources/health-behaviour-change-level-2	2 hours for each level.	NHS Health Scotland
Health Inequalities Awareness The module looks at a definition of health inequalities and asks a participant to reflect on their own practice, identifying what they can do to reduce them.	Free online course	http://www.healthscotland.scot/learning-resources/health-inequalities-awareness	1 hour	NHS Health Scotland
Webinars in Gambling Education and Prevention targeted to: Youth Workers and CLD Practitioners; Youth employability Practitioners; College and University Staff Practitioners working with parents, careers and families.	Free online courses	https://gamblingeducation.hub.fastforward.org.uk/our-training/		Fast Forward
Enhance Core Communication Skills This introductory course will practise refining empathic listening skills and address other core communication skills that are important in the helping relationship	Free online course	https://www.sdftraining.org.uk/training/ig-events/975-online-enhancing-core-communication-skills		Scottish Drug Forum

Please note some courses are run via Zoom platform. Please check your organisational policy prior to sign up.

Please check the OHADP website www.outerhebadp.com for current updates or changes to the training programme.

For information on any of the courses detailed above please contact Donna Morrison, OHADP Administrator by email Donna.Morrison4@nhs.scot or by telephone on 01851 762022.